

COVID-19 Impact and Recovery Report: Domestic Summary

Updated: January 19, 2021

This document provides a summary of the situation across all provinces and territories. For further details, please refer to the [latest deep dive report](#) for the domestic market updated on January 12, 2021.

LEGEND:

Overall Assessment¹

- I COVID-19 Response
- II Hyper Local
- III Intra-provincial
- IV Inter-provincial
- V Tentative International
- VI Regularized International

Rate of new weekly COVID-19 cases per 100,000 population²

Timeline of overall assessment for each province and territory

	15-Dec	29-Dec	05-Jan	12-Jan	19-Jan
British Columbia	III	II	II	II	II
Alberta	III	II	II	II	II
Saskatchewan	II	II	II	II	II
Manitoba	II	II	II	II	II
Ontario	II	II	II	II	II
Quebec	II	II	II	II	II
New Brunswick	II	II	II	II	II
Nova Scotia	II	II	II	II	II
Prince Edward Island	III	III	III	III	III
Newfoundland & Labrador	III	III	III	III	III
Yukon	II	II	II	II	II
Northwest Territories	III	III	III	III	III
Nunavut	III	III	III	III	III

Indicates a forward phase progression

Indicates a backward phase regression

Nunavut
Residents returning from outside of the territory for leisure travel must self-isolate for 14 days; exception for residents returning directly from Northwest Territories or Churchill, Manitoba

III Intra-Territorial 0.0

Northwest Territories
Residents returning from outside of the territory for leisure travel must self-isolate for 14 days

III Intra-Territorial 8.9

Yukon
Residents returning from outside of the territory for leisure travel must self-isolate for 14 days

II Hyper Local 0.0

British Columbia
No self-isolation requirements for residents returning from out-of-province for leisure travel

II Hyper Local 67.4

Alberta
No self-isolation requirements for residents returning from out-of-province; international travellers returning to AB at select borders may be eligible to engage in a pilot quarantine for less time (approx. 48 hours)

II Hyper Local 121.8

Saskatchewan
No self-isolation requirements for residents returning from out-of-province for leisure travel.

II Hyper Local 183.1

Manitoba
Residents returning from outside of the province for leisure travel must self-isolate for 14 days, exception for residents returning directly from western Canada or northwestern Ontario

II Hyper Local 86.6

Ontario
Residents returning from outside of the province for leisure travel are requested to self-isolate for 14 days

II Hyper Local 149.3

Quebec
No self-isolation requirements for residents returning from out-of-province for leisure travel

II Hyper Local 164.4

New Brunswick
Residents returning from outside of the province for leisure travel must self-isolate for 14 days

II Hyper Local 21.5

Newfoundland and Labrador
Residents returning from outside of the province for leisure travel must self-isolate for 14 days

III Intra-Provincial 0.6

Prince Edward Island
Residents returning from outside of the province for leisure travel must self-isolate for 14 days

III Intra-Provincial 1.3

Nova Scotia
Residents returning from outside of the province for leisure travel must self-isolate for 14 days; exception for residents returning directly from Prince Edward Island or Newfoundland & Labrador

II Hyper Local 3.0

¹ For additional information on methodology and a description of the recovery signals, please see [Methodological Notes](#).

² Government of Canada Health Infobase, week ending January 17, 2021