

COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: March 3, 2021

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures:** A summary of the travel and tourism-related measures in place in each province and territory. A map outlining the current travel restrictions and self-isolation requirements is available on Destination Canada's website: <https://caen-keepexploring.canada.travel/canada-nice#canadamap>
- Methodological Notes:** An explanation of the methodologies in the different sections and relevant sources.

1. TRAVEL-RELATED MEASURES

In addition to a federal government requirement mandating testing procedures and 14-day self-isolation for those who are eligible to enter Canada¹, individual provinces and territories have implemented measures on travel between provinces and territories. The below table outlines self-isolation requirements for domestic travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information was collected by provincial and territorial tourism marketing authorities and relevant tourism departments and current as of March 3, 2021.

Travel Measures

	Traveller self-isolation required?	Travel restrictions?
British Columbia 2, 3 (BC)	● No self-isolation for domestic travellers entering BC	✗ All non-resident travel to Haida Gwaii is restricted. Otherwise, no travel restrictions for domestic travellers entering BC; however, people travelling to BC from another province or territory within Canada should only come for essential reasons. British Columbians are urged to avoid non-essential travel; this includes all travel into and out of BC and between regions of the province.
Alberta ⁴ (AB)	● No self-isolation for domestic travellers entering AB. As of February 22, the Alberta COVID-19 Border Testing Pilot Program is suspended and no longer accepting new participants. New travel requirements announced by the Government of Canada are now in effect.	● No travel restrictions for domestic travellers entering AB.
Saskatchewan (SK)	● No self-isolation for domestic travellers entering SK	● No travel restrictions for domestic travellers entering SK
Manitoba ⁵ (MB)	✗ 14-day self-isolation is required for all domestic travellers entering MB, except for essential workers and specific exceptions.	✗ No travel restrictions for domestic travellers entering MB, but 14-day self-isolation required. Travel to and from northern Manitoba is restricted and non-essential travel is discouraged.
Ontario ^{6, 7} (ON)	✗ 14-day self-isolation strongly advised for all travellers entering ON	✗ No travel restrictions for domestic travellers entering ON. Travel between regions within ON should only be for essential purposes. Based on community needs, some municipalities and local medical officers of health have exercised their authority to implement more restrictions or requirements; it is advised to check status before travelling.
Quebec ⁸ (QC)	● No self-isolation for domestic travellers entering QC	✗ No travel restrictions for domestic travellers entering QC. Travel between regions within QC should only be for essential purposes. In Level 4 - Maximum Alert (red) zones , a curfew is in effect between the hours of 8pm to 5am; as of February 8, in Level 3 - Alert (orange) zones , a curfew is in effect between the hours of 9:30pm to 5am. People are prohibited to move outside of their homes during these hours with few exceptions (e.g. going to work or medical reasons)
New Brunswick ⁹ (NB)	✗ 14-day self-isolation for all domestic travellers entering NB, except for specific exemptions	✗ Prohibition on all non-essential travel into NB for all domestic travellers, except for workers and other specific exemptions (e.g. medical reasons) and QC residents from Listuguj First Nation and Pointe-a-la-Croix who have pre-registered and been approved to enter for essential services.

	Traveller self-isolation required?	Travel restrictions?
Nova Scotia ^{10, 11} (NS)	✘ 14-day self-isolation for all domestic travellers entering NS, except for exempt workers from specific sectors and residents of PE	✘ No travel restrictions for all domestic travellers entering NS, but self-isolation required; residents of PE are not required to self-isolate
Prince Edward Island ^{12, 13, 14} (PE)	✘ 14-day self-isolation for all admitted travellers entering PE, except for exempt essential workers and PE residents travelling for essential purposes (e.g. medical appointment) who return the same day	✘ Prohibition on all non-essential travel into PE, non-residents need to apply for pre-travel approval, including a 14 day self-isolation plan; exception for QC residents going to the Magdalen Islands
Newfoundland & Labrador ^{15, 16} (NL)	✘ 14-day self-isolation for all travellers entering NL (some exceptions for essential workers)	✘ Atlantic residents (NB, NS, PE) are permitted to enter NL but are required to self-isolate for 14 days; prohibition on travel to NL for all other domestic travellers, except for residents and workers from key sectors and other specific exemptions as approved by the NL Chief Medical Officer of Health. Canadians living outside of Atlantic Canada who own a home in NL are allowed to enter but are still required to self-isolate for 14 days.
Yukon ^{17, 18, 19, 20} (YT)	✘ Mandatory self-isolation for all domestic travelers entering YT, except for residents of border areas and critical workers from BC, NT and NU; critical service workers entering YT from all other Canadian jurisdictions must self-isolate; self-isolation must occur in Whitehorse, unless visiting a family member (in which case self-isolation must occur at their residence)	✘ Entry permitted for Canadians following self-isolation requirements, with few exceptions; enforcement at land borders and airport; mandatory travel routes for transiting through YT. Several First Nations governments and communities currently have travel advisories in place. Travellers are asked to limit travel to Yukon communities and travel respectfully. The government does not recommend non-essential travel to the territory.
Northwest Territories ^{21, 22} (NT)	✘ 14-day self-isolation for all admitted travellers entering NT; must self-isolate in government designated sites in Yellowknife, Inuvik, Hay River or Fort Smith; travellers from Nunavut may be eligible to receive a self-isolation exemption from the Office of the Chief Public Health Officer	✘ Prohibition on travel to NT for all domestic travellers; entry permitted for NT residents or those moving to NT coming for work or attending school, critical or essential service workers, transiting to neighbouring jurisdictions (12-hour limit), transboundary First Nations people exercising treaty rights, Nunavut patients in the NT for medical treatment, with few exemptions; enforcement at land borders and airport
Nunavut ^{23, 24, 25} (NU)	✘ Mandatory 14-day self-isolation for all admitted travellers prior to boarding a plane to NU, except for those travelling directly from NT and Churchill, MB; mandatory isolation must occur in government designated sites in Edmonton, Winnipeg, Ottawa or Yellowknife	✘ Travel into Arviat is restricted to essential travel only. As of February 24, a curfew is in effect in Arviat between the hours of 10pm and 6am. Travel bubble with Churchill, MB, whereby no isolation required if travelling directly from Churchill; mutual travel bubble with NT is suspended, but those travelling directly from NT may still enter NU with no isolation required; prohibition on all other travel into NU, except residents and critical workers; require written permission from the territory's Chief Public Health Officer to enter. Non-essential travel within NU is not recommended.

Legend:

No measures in place ●

Some form of measures in place ✘

While some Parks Canada places remain open, others are fully or partially closed in the fall and winter seasons. Access to visitor facilities and services may be limited. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: <https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations>

Most provinces and territories have implemented a framework to guide re-opening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the re-opening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism related sectors as of March 3, 2021. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

Tourism Related Measures

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
British Columbia 26, 27, 28	The phased approach to BC's Restart Plan is on pause for the duration of province-wide restrictions	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns. Vacation accommodations are limited to those who reside together, or if a person lives on their own, up to two other persons with whom the person regularly interacts.	Restaurants, cafes, pubs and breweries can open for dine-in (with sufficient distancing measures); patrons must only dine with individuals from their household or core bubble, if they live alone; patrons who remain on premises after being served must be seated. Liquor sales in all bars, lounges, pubs and restaurants must stop at 10pm and they must close by 11pm (unless full meal service is available). Stand-alone banquet halls are closed until further notice.	Most businesses and enterprises are permitted to operate (with adherence to WorkSafeBC protocols and a COVID-19 Safety Plan in place). In addition, most parks, beaches, and outdoor spaces are open. Exceptions include casinos, which remain closed, and nightclubs, which are closed until further notice. Provincial park campground reservations are open for BC residents only; preferential access to camping will be given to BC residents. It is recommended to check with the facility or tourism operator directly to confirm its status. In-person events and community-based gatherings are suspended; this includes seasonal activities such as indoor and outdoor events (with the exception of drive-in and drop-off events), musical or theatre performances, and movie viewings in cinemas.	Indoor and outdoor social gatherings of any size are not permitted with anyone other than those within a core bubble (core bubble includes immediate family or people in the same dwelling; for some a core bubble may include a partner, relative, friend, or co-parent who lives in a different household) Business meetings (outside the workplace) and conferences are prohibited.
Alberta ²⁹	Alberta is implementing "A Path Forward" roadmap based on hospitalization benchmarks. There are 4 Steps in total. As of March 1, Step 2 changes are in effect.	Hotels, motels, hunting and fishing lodges may remain open, but with no in-person dining and access to recreational facilities	As of February 8, restaurants, pubs, bars, lounges and cafes can open for dine-in (with sufficient distancing measures). Maximum of 6 people per table and establishments are required to capture contact information of patrons; individuals must be from same household or the 2 close contacts for people living alone; liquor service must stop at 10pm and in-person dining must close by 11pm.	All retail businesses are limited to 15% capacity; all entertainment businesses and entities must close, including museums, art galleries, casinos, amusement parks, theatres, concert halls, and arenas. Most parks and outdoor spaces are open; however, only selected campgrounds are open at National parks and comfort camping remains unavailable at provincial parks. It is recommended to check with the facility or tourism operator directly to confirm its status.	All indoor social gatherings - public or private - are prohibited; all out-of-town visitors cannot stay in other people's homes, regardless of where they are coming from; outdoor social gatherings can have up to 10 people. All banquet halls, conference centres and trade shows are closed; all outdoor performances with audiences and all indoor group performances are prohibited.
Saskatchewan 30, 31, 32, 33, 34	Phase 4.2 Starting June 29	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Dine-in can open (with sufficient distancing measures) Maximum of 4 people per table and establishments are required to capture contact information of patrons	All businesses and enterprises are permitted to operate (with adherence to sector-specific guidelines in the Re-Open Saskatchewan Plan). In addition, most parks and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. All nightclubs in Saskatchewan must adhere to a maximum of 6 patrons per table, with no mingling between tables, and no karaoke and dance floors. In addition, nightclubs in Saskatoon must prohibit alcohol consumption after 10pm and close to patrons at 11pm; entertainment transportation services (e.g., limousines and party buses) are not permitted. Capacity is restricted to 30 people at all arenas, live theatres, movie theatres, and performing arts venues; large retail locations are limited to 50% capacity; casinos are closed; retail services must reduce capacity to 50% and large retail locations must limit to 25% capacity.	Private indoor gatherings are limited to the immediate household only. Single individuals are permitted to meet with one, consistent household of less than 5 individuals. Outdoor gathering sizes are limited to 10 people, provided physical distancing of households can be maintained. Indoor public banquets and conferences in public venues are limited to 30 people; food or beverages may not be present or served.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Manitoba 35, 36, 37	All regions in Manitoba are in the red (critical) response level	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns; conference rooms and recreational facilities are not permitted	As of March 5, dine-in can open at restaurants and licensed premises (with sufficient distancing measures); maximum 50% capacity; patrons are restricted to members of a single household; licensed premises are limited to seated service only and a maximum of 5 people per table; establishments are required to capture contact information of patrons and must close to in-person dining at 10pm.	As of March 5, all casinos, movie theatres and concert halls remain closed. Retail operations are permitted to open for in-person shopping up to 50% capacity. Museums and galleries can operate at 25% capacity. As of March 5, outdoor activities are permitted but are limited to groups of 10 people (unless from the same household); ice fishing shelters are considered to be an indoor space and restricted to members from one household per shelter.	As of March 5, indoor visits are permitted for 2 designated visitors or from 1 other designated household; outdoor visits on private property are limited to 10 individuals plus members of a household; all other indoor and outdoor social gatherings are not permitted.
Ontario 38, 39	Ontario is returning to a regional approach. The province will gradually transition each region from the shutdown measures to a revised and strengthened COVID-19 Response Framework: Keeping Ontario Safe and Open . To see the status of individual public health regions, please see: When regions are returning to the framework . Additional restrictions are in place and reinforces that Ontarians should stay at home as much as possible to minimize transmission of the virus.	Hotels, motels, lodges, resorts and other shared rental accommodations are permitted to open. In Red (Control) and Grey (Lockdown) and Shutdown Zones: Some onsite recreational facilities must remain closed. In Green (Prevent), Yellow (Protect), Orange (Restrict), and Red (Control) Zones: All short-term rentals, including cabins, cottages, homes, hunting and fishing camps, resorts, houseboats, condominiums and B&Bs are permitted to operate. In Grey (Lockdown) Zone: Short-term rentals, including cabins and cottages, are only permitted for those who are in need of housing if the rental was reserved after November 22, 2020.	In the Green (Prevent), Yellow (Protect), Orange (Restrict), and Red (Control) Zones: Indoor dining is permitted, subject to conditions. In the Grey (Lockdown) and Shutdown Zones: only take out, drive-thru and delivery are permitted.	In the Green (Prevent), Yellow (Protect), Orange (Restrict) and Red (Control) Zones: Museums, galleries, aquariums, zoos, science centres, landmarks, historic sites, botanical gardens and similar attractions are permitted to open, with conditions. Cinemas may operate in the Green (Prevent), Yellow (Protect) or Orange (Restrict) Zone. Drive-in cinemas, and other drive-in or drive-through events may operate in all zones except Shutdown. Concert venues and theatres must remain closed in regions that are in the Red (Control) and Grey (Lockdown) and Shutdown Zones. Ski and most other outdoor snow recreational amenities can operate for recreational purposes in all zones, except Shutdown.	Capacity limits vary based on zone and type of gathering. Please see: Sector-specific public health and workplace safety measures and public health advice . In the Shutdown Zone: No indoor organized public events and social gatherings outside one's household (with limited exceptions); maximum 5 people for outdoor organized public events and social gatherings and must comply with public health advice on physical distancing. Meeting and event spaces are permitted to open throughout all zones except the Grey Zones (Lockdown) and Shutdown, with restrictions and various capacity limits as above.
Quebec 40, 41, 42, 43	Quebec has a regional alert system in place. There are 4 levels in total: Level 1 - Vigilance (green), Level 2 - Early Warning (yellow), Level 3 - Alert (orange), and Level 4 - Maximum Alert (red). For current region classifications, see Alert levels map .	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	For "Red" regions: All restaurants and bars are closed to in-person service; only takeout, drive-thru and delivery are permitted. During the 8pm to 5am curfew, only delivery service is allowed. As of February 8, for "Orange" regions: Dine-in can open for restaurants but bars are closed; maximum of 2 adults per table, who may be accompanied by their children under the age of 18. During the 9:30pm to 5am curfew, only delivery service is allowed. Establishments are required to capture contact information of patrons; only customers with proof of residence in the same region as the restaurant are admitted.	As of February 8, for "Red" regions: All businesses are permitted to open (with restricted capacity); all businesses must close by 7:30pm to abide by the 8pm curfew. Auditoriums, cinemas, theatres, casinos, amusement centres, saunas and spas are closed. As of February 26, cinemas can open. Outdoor activities are permitted but are limited to groups of 4 people (unless from the same household); indoor activities are prohibited. As of February 26, outdoor activities are expanded to permit groups of 8 people (unless from the same household). As of February 8, for "Orange" regions: All business are permitted to operate (with restricted capacity); all businesses must close by 9pm to abide by the 9:30pm curfew. Auditoriums, cinemas, theatres, casinos, amusement centres, saunas and spas are closed. As of February 26, auditoriums, cinemas, and theatres can open. Outdoor activities are permitted but are limited to groups of 8 people; indoor activities are limited to two people (unless from the same household).	All private gatherings are prohibited; all activities organized in a public place are prohibited.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
New Brunswick 44, 45	As of February 18, all zones in the province are in the Orange level .	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Orange Level: Dine-in can open at restaurants, brewpubs and taprooms with sufficient distancing measures and are required to capture contact information of patrons; in addition, patrons must be seated at all times and are restricted to members of a single household bubble and "Steady 10".	Orange Level: All businesses and enterprises are permitted to operate (with adherence to WorkSafeNB guidelines and health measures related to their area of activity; all business must prepare operational plans). In addition, most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status. Casinos, amusement centres, cinemas and large live performance venues may operate under a COVID-19 operational plan with maximum capacity of 50 people (or fewer depending on the size of the venue).	Orange Level: Single household bubble; formal outdoor gatherings of 50 people or fewer are permitted with an operational plan; physical distancing is required in all settings if coming in contact with people from outside a household bubble and "Steady 10". Informal gatherings indoor or outdoor are permitted only with members of your own household and "Steady 10". Venues with indoor events with controlled entry and/or controlled seating, are required to capture contact information on persons using the facility and have a COVID-19 operational plan.
Nova Scotia 46, 47	No official re-opening plan in place	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	Restaurants can open for dine-in and bars, wineries, distilleries and taprooms can open for in-seat service (with sufficient distancing measures and restricted hours)	Most businesses and enterprises are permitted to operate (with adherence to sector associations' government-approved Workplace COVID-19 Prevention Plans); retail stores are limited to 75% capacity. Most parks, beaches, and outdoor spaces are open. It is recommended to check with the facility or tourism operator directly to confirm its status.	General gathering limit of 10 people applies to households and informal gatherings in the community. As of February 8, recognized organizations can resume hosting events with 150 people outdoors, or 50% of venue capacity up to 100 people indoors. Applies to social events, arts and culture events, sport and recreation events, festivals, meetings and training, and organized clubs. Spectators can attend events, including sports games and arts and culture performances. Approved large facilities can resume hosting events with multiple groups of 100 or 150 people.
Prince Edward Island 48, 49	As of March 4, PEI is moving back to the Circuit Breaker	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	As of March 4, dine-in can open with maximum 50 patrons (with sufficient distancing measures); maximum of 6 patrons per table; establishments must close by 10pm.	As of March 4, museums and libraries can operate at 50% capacity; movie theatres are limited to 50 people; retail stores can operate at 50% capacity	As of March 4, each household can identify up to 6 consistent individuals to gather with indoors or outdoors; organized gatherings are limited to 50 people
Newfoundland & Labrador 50, 51, 53, 53	As of February 26, Newfoundland & Labrador, with the exception of the Avalon Peninsula, is in Alert Level 4 The Avalon Peninsula remains in Alert Level 5	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	As of February 26, restaurants are closed for in-person dining; only take-out, delivery and drive-thru options are permitted.	In Alert Level 5: Non-essential retail is closed to in-person service but can offer curbside pickup; cinemas, performance spaces and arenas are closed. In Alert Level 4: The same as in Alert Level 5 except retail can open with maximum 50% capacity.	In Alert Level 5: All gatherings are limited to those within the same household. In Alert Level 4: Household bubbles may be expanded to include immediate family when necessary.

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Yukon 54, 55, 56, 57	Phase 3 of 4 Starting August 1	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with enhanced cleaning and public health measures)	Restaurants can open at full capacity for dine-in (with sufficient distancing measures and approved operational plan); bars can open at 50% capacity (with distancing measures and approved operational plan); restaurants and bars are required to capture contact information of patrons	All businesses and enterprises are permitted to operate (with adherence to health measures and with completed operational plans where required). In addition, most parks and outdoor spaces are open. Territorial campgrounds and recreation sites have closed for the season. It is recommended to check with the facility or tourism operator directly to confirm its status.	10 people maximum for indoor social gatherings; 50 people maximum for outdoor social gatherings. Organized seated events permitted in a rental facility or venue with an operational plan; indoor events 50 people or fewer; outdoor events 100 people or fewer with physical distancing; conferences and tradeshows may operate following organized gathering limits and an approved operational plan.
Northwest Territories 58, 59, 60	Phase 2 of 4 Starting June 12	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns (with control/safety measures in place)	Dine-in can open at restaurants, bars and lounges (limited capacity with sufficient distancing measures; no more than 25 customers indoors and 50 customers outdoors)	All businesses and enterprises are permitted to operate (with adherence to health measures and following sectoral guidelines). In addition, most parks and outdoor spaces are open. All territorial campgrounds closed by September 30. It is recommended to check with the facility or tourism operator directly to confirm its status.	25 people maximum for indoor gatherings; 50 people maximum for outdoor activities and public events; events like tradeshows and conferences TBD
Nunavut 61, 62, 63, 64, 65	Every two weeks the Chief Public Health Officer will decide which measures can be eased, maintained or if additional restrictions are needed	Accommodations are open unless they have decided to close due to lack of demand/low occupancy/health concerns	In Arviat: Restaurants are to open for take-out services only In Baffin and Kitikmeot: Food service and licenced establishments may open for regular business with maximum 75% capacity In all other communities: Restaurants can open with seated service at 50% of normal capacity (with sufficient distancing measures); maximum of 6 patrons per table	In Arviat: All businesses are closed except for essential services In all other communities: Businesses can open (with sufficient physical distancing); galleries, museums and libraries can open with maximum 25 people or 50% capacity and tours are limited to 10 people; theatres can open with maximum 50 people or 50% capacity; municipal parks, territorial parks, and territorial parks reserves can open, but buildings must be closed; arenas can open with maximum 50 people or 50% capacity In Baffin and Kitikmeot: Same as other communities above, except theatres can open with maximum 100 people or 75% capacity	In Arviat: Gatherings in homes are limited to a household plus 5 people (for emergencies only); 5 people maximum for all outdoor gatherings; 5 people maximum for indoor gatherings outside of homes (for emergencies only); gatherings at community halls, conference spaces and within government and Inuit organization facilities is prohibited In all other communities: Gatherings in homes are limited to a household plus 15 people; 100 people maximum for all outdoor gatherings; 15 people maximum for indoor gatherings outside of homes; 50 people or 50% capacity maximum for indoor gatherings at community halls, conference spaces and within government and Inuit organization facilities In Baffin and Kitikmeot: Same as other communities above, except 100 people or 75% capacity maximum for indoor gatherings at community halls, conference spaces and within government and Inuit organization facilities

2. METHODOLOGICAL NOTES

I. Travel-Related Measures: In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

Sources:

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