

# COVID-19 Impact and Recovery Report: Travel-Related Measures

Updated: March 17, 2022

This document provides an evergreen assessment of the situation in Canada. It has the following sections:

- Travel-Related Measures:** A summary of the travel and tourism-related measures in place in each province and territory. Current travel restrictions and self-isolation requirements are also available on Destination Canada’s website: <https://caen-keepexploring.canada.travel/covid-19-traveller-guidance>
- Methodological Notes:** An explanation of the methodologies in the different sections and relevant sources.

## 1. TRAVEL-RELATED MEASURES

Please consult the Government of Canada website for the latest federal travel requirements: <https://travel.gc.ca/travel-covid>. Below is a summary of recent updates to federal travel requirements and advice:

- As of April 1:** Pre-entry tests will no longer be required for fully vaccinated travellers entering Canada.
- Until April 1:** A rapid antigen test taken 24 hours prior to a scheduled flight **or** a molecular test taken 72 hours prior to a scheduled flight or planned entry (via land or sea) is required for all travellers entering Canada, regardless of the length of trip. Fully vaccinated travellers may be randomly selected for testing upon arrival, but will no longer be required to quarantine while awaiting their test result.
- As of February 28:** The Public Health Agency of Canada lifted its advisory to avoid non-essential travel internationally.
- Travellers aged 12 years and older, with very limited exceptions, are required to show their [Canadian COVID-19 proof of vaccination](#) to depart from Canadian airports, on VIA Rail and Rocky Mountaineer trains, and on non-essential passenger vessels (e.g. cruise ships) on voyages of 24 hours or more departing from ports in Canada. To qualify as fully vaccinated, travellers must have received the full series of an accepted COVID-19 vaccine (or a full series of a combination of accepted vaccines), with the last dose at least 14 full days prior to the date of travel.

In addition to federal government travel requirements, individual provinces and territories have implemented measures on travel between provinces and territories. The table below outlines self-isolation requirements for domestic and foreign travellers entering into each province or territory, as well as restrictions on travel across provincial and territorial borders. Tracking these measures is challenging given the fluid nature of COVID-19. This information, collected by provincial and territorial tourism marketing authorities and relevant tourism departments, is current as of March 17, 2022.

## Travel Measures

	Traveller self-isolation required?	Travel restrictions?
<b>British Columbia</b> 1	<p>No self-isolation for domestic travellers entering British Columbia.</p> <p>No self-isolation upon entering British Columbia for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>No travel restrictions for domestic travellers entering British Columbia.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to British Columbia provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
<b>Alberta</b>	<p>No self-isolation for domestic travellers entering Alberta.</p> <p>No self-isolation upon entering Alberta for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>No travel restrictions for domestic travellers entering Alberta.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Alberta provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
<b>Saskatchewan</b>	<p>No self-isolation for domestic travellers entering Saskatchewan.</p> <p>No self-isolation upon entering Saskatchewan for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>No travel restrictions for domestic travellers entering Saskatchewan.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Saskatchewan provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
<b>Manitoba</b>	<p>No self-isolation for domestic travellers entering Manitoba.</p> <p>No self-isolation upon entering Manitoba for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>No travel restrictions for domestic travellers entering Manitoba.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Manitoba provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
<b>Ontario</b>	<p>No self-isolation required for domestic travellers entering Ontario.</p> <p>No self-isolation upon entering Ontario for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>No travel restrictions for domestic travellers entering Ontario.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Ontario provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>

	Traveller self-isolation required?	Travel restrictions?
Quebec <sup>2</sup>	<p>Travellers entering <a href="#">Nunavik</a> and <a href="#">James Bay</a> may be required to self-isolate.</p> <p>No self-isolation required for all other domestic travellers entering Quebec.</p> <p>No self-isolation upon entering Quebec for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>Travel to Nunavik and James Bay is restricted to essential travel only.</p> <p>No other travel restrictions for domestic travellers entering Quebec.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Quebec provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
New Brunswick	<p>No self-isolation required for all domestic travellers entering New Brunswick.</p> <p>No self-isolation upon entering New Brunswick for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>No travel restrictions for domestic travellers entering New Brunswick.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to New Brunswick provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Nova Scotia <sup>3</sup>	<p>No self-isolation required for domestic travellers entering Nova Scotia.</p> <p>No self-isolation upon entering Nova Scotia for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p>No travel restrictions for domestic travellers entering Nova Scotia.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Nova Scotia provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Prince Edward Island <sup>4, 5</sup>	<p><b>As of February 28:</b></p> <p>No self-isolation required for domestic travellers entering Prince Edward Island, with rapid testing on entry and on days 2 and 4.</p> <p>No self-isolation for <a href="#">fully vaccinated</a> foreign nationals entering Prince Edward Island provided that they meet specific <a href="#">entry and testing requirements</a>, with rapid testing on entry and on days 2 and 4. Unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p><b>As of February 28:</b></p> <p>No travel restrictions for domestic travellers entering Prince Edward Island.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Prince Edward Island provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Newfoundland and Labrador <sup>6</sup>	<p><b>As of February 28:</b></p> <p>No self-isolation required for domestic travellers entering Newfoundland and Labrador.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can enter Newfoundland &amp; Labrador provided that they meet specific <a href="#">entry and testing requirements</a>. Unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p><b>As of February 28:</b></p> <p>No travel restrictions for domestic travellers entering Newfoundland and Labrador.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Newfoundland and Labrador provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Yukon <sup>7</sup>	<p>No self-isolation required for domestic travellers entering Yukon.</p> <p>No self-isolation upon entering Yukon for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a>. As of February 28, unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p> <p>The Government of Canada has <a href="#">specific guidelines</a> for driving to or from Alaska through Canada. Read the State of Alaska's <a href="#">health guidance for travellers during the COVID-19 pandemic</a>.</p>	<p>No travel restrictions for domestic travellers entering Yukon. Travellers should avoid travel between communities, and from communities to Whitehorse, until further notice. Travellers are asked to follow <a href="#">these guidelines</a> if they must travel to Yukon communities. Several First Nations governments and communities currently have <a href="#">travel advisories</a> in place. If a First Nations government or community has not issued an advisory, travel responsibly and follow the <a href="#">Safe 6 plus 1</a>.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to Yukon provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Northwest Territories <sup>8</sup>	<p><b>As of March 1:</b></p> <p>No self-isolation required for domestic travellers entering the Northwest Territories although returning residents must file a <a href="#">self-isolation plan</a> within 24 hours of arrival and non-residents must file <a href="#">one</a> 24 hours in advance of arrival.</p> <p>No self-isolation required for <a href="#">fully vaccinated</a> foreign nationals entering the Northwest Territories provided that they meet specific <a href="#">entry and testing requirements</a> and submit a mandatory <a href="#">self-isolation plan</a> 24 hours in advance of arrival. Unvaccinated children under 12 years of age travelling with fully vaccinated adults are no longer required to follow additional public health measures limiting activities.</p>	<p><b>As of March 1:</b></p> <p>All domestic travellers can enter the Northwest Territories but must complete a <a href="#">self-isolation plan</a>.</p> <p><a href="#">Fully vaccinated</a> foreign nationals can travel to the Northwest Territories provided that they meet specific <a href="#">entry and testing requirements</a> and must complete a <a href="#">self-isolation plan</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>
Nunavut <sup>9, 10</sup>	<p>No isolation required for travellers to Nunavut who are fully vaccinated and who have a Nunavut proof of vaccination certificate. Mandatory 10-day isolation for all other admitted travellers except those travelling directly from Churchill, Manitoba.</p> <p>No self-isolation upon entering Nunavut for <a href="#">fully vaccinated</a> foreign nationals provided that they meet specific <a href="#">entry and testing requirements</a> and are admitted to enter Nunavut. Unvaccinated children will not be able to forgo the mandatory 10-day self-isolation requirement.</p>	<p><b>As of March 14:</b></p> <p>Non-essential travel to Gjoa Haven, Kugaaruk, Igloolik, Taloyoak and Kugluktuk is strongly discouraged.</p> <p>Entry into Nunavut requires authorization from the territory's Chief Public Health Officer with an exception for travellers who are fully vaccinated and have a Nunavut proof of vaccination certificate. Authorization may be granted for: residents who are not fully vaccinated, critical workers, those travelling within the Common Travel Area of Churchill, Manitoba, and non-residents entering for family reunification, exercising Aboriginal or treaty rights, or engaging in wilderness tourism with an operator that has an approved Wilderness Tourism Operator COVID-19 Operations Plan.</p> <p><a href="#">Fully vaccinated</a> foreign nationals may be authorized to travel to Nunavut provided that they meet specific <a href="#">entry and testing requirements</a>. Entry will continue to be prohibited for foreign nationals who are not fully vaccinated.</p>

Most Parks Canada places are open and welcoming visitors with adjustments to access and services. Please consult the Parks Canada website for an updated list of specific Parks Canada locations with special instructions: <https://www.pc.gc.ca/en/voyage-travel/securite-safety/covid-19-info#locations>

Most provinces and territories have implemented a framework to guide reopening strategies catered to their individual circumstances. Since each province and territory is starting from a different baseline to implement the reopening of their local economy, the phases and stages are not congruent across jurisdictions. The table below outlines the current status of restrictions on tourism-related sectors as of March 17, 2022. Unless noted, persons must gather and business must operate with sufficient social distancing measures in place. Many destinations require non-medical masks to be worn and all visitors should plan on having masks ready if needed.

## Tourism Related Measures

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>British Columbia</b> 11, 12	<p>Until April 8, proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access some events, services and businesses. See the full list <a href="#">here</a>.</p> <p><b>As of March 11:</b> Mandatory mask restrictions are lifted in indoor public spaces and on public transit throughout British Columbia.</p>	All restrictions are lifted; accommodations can resume regular operations.	<p>Until April 8, proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access all restaurants, bars, nightclubs and other licenced establishments.</p> <p>Restaurants, bars and nightclubs can operate at full capacity with no table size limits; dancing is allowed.</p>	<p>Until April 8, proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access some events, services and businesses. See the full list <a href="#">here</a>.</p> <p>Concerts, movie theatres, performance spaces, sports venues and other such events can operate at full capacity.</p>	<p>Until April 8, proof of full vaccination via the BC Vaccine Card is required for people aged 12 and older to access some events, services and businesses. See the full list <a href="#">here</a>.</p> <p>All restrictions on indoor or outdoor personal gatherings are lifted.</p> <p>Indoor and outdoor organized gatherings and events, including conferences and meeting spaces, can operate at full capacity.</p>
<b>Alberta</b> 13	<p><b>As of March 1:</b> Mandatory mask requirements are lifted for public indoor spaces but are still required for people aged 13 and over on public transit.</p>	All restrictions are lifted; accommodations can resume regular operations.	<p><b>As of March 1:</b> All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.</p>	<p><b>As of March 1:</b> All restrictions are lifted; all venues can resume regular operations.</p>	<p><b>As of March 1:</b> All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.</p>
<b>Saskatchewan</b> 14	<p>All restrictions are lifted.</p> <p><b>As of February 28:</b> Mandatory mask restrictions are lifted in indoor public spaces throughout Saskatchewan.</p>	All restrictions are lifted; accommodations can resume regular operations.	All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.	All restrictions are lifted; all venues can resume regular operations.	All restrictions are lifted for private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.
<b>Manitoba</b> 15	<p><b>As of March 15:</b> All regions in Manitoba are in the <a href="#">green (limited risk)</a> response level.</p> <p>All restrictions are lifted.</p> <p>Mandatory mask restrictions are lifted in indoor public spaces throughout Manitoba.</p>	All restrictions are lifted; accommodations can resume regular operations.	<p><b>As of March 15:</b> All restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations.</p>	<p><b>As of March 15:</b> All restrictions are lifted; all venues can resume regular operations.</p>	<p><b>As of March 15:</b> All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.</p>
<b>Ontario</b> 16	<p>Ontario is cautiously and gradually easing <a href="#">public health and workplace safety measures</a>.</p> <p><b>As of March 1:</b> Capacity limits, proof of vaccination and physical distancing requirements are lifted for all settings. Businesses and other settings may choose to continue to require proof of vaccination.</p> <p>Any person in the indoor areas or vehicles operating as part of a business or organization must wear a mask or face covering that covers their mouth, nose and chin, with <a href="#">limited exceptions</a>.</p>	<p><b>As of March 1:</b> Hotels, motels, lodges, cabins, cottages, resorts and other shared rental accommodations can open.</p> <p>Overnight camping at campgrounds and campsites, including in Ontario Parks, can open.</p> <p>Other restrictions may apply.</p>	<p><b>As of March 1:</b> Proof of vaccination requirements are lifted. Some restaurants, bars and other food or drink establishments may choose to continue to require proof of vaccination.</p> <p>All capacity restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations but mask requirements remain in place.</p> <p>Other restrictions may apply.</p>	<p><b>As of March 1:</b> Proof of vaccination requirements are lifted. Some businesses and other settings may choose to continue to require proof of vaccination.</p> <p>All capacity limits have been lifted; all venues can resume regular operations but mask requirements remain in place.</p> <p>Other restrictions may apply.</p>	<p><b>As of March 1:</b> Proof of vaccination requirements are lifted. Some businesses and other settings may choose to continue to require proof of vaccination.</p> <p>All capacity limits have been lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations but mask requirements remain in place.</p> <p>Other restrictions may apply.</p>

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
Quebec <sup>17</sup>	<p>Masks are mandatory throughout Quebec in indoor public spaces and on public transit for anyone aged 10 and older.</p> <p><b>As of March 12:</b> A vaccine passport is no longer required to access businesses, events and venues.</p>	<p>Accommodations are open with control/safety measures in place.</p>	<p><b>As of March 12:</b> A vaccine passport is no longer required and all capacity limits are lifted.</p> <p>Eating and drinking establishments can resume regular operations but mask requirements remain in place.</p>	<p><b>As of March 12:</b> A vaccine passport is no longer required to access businesses, events and venues.</p> <p>All capacity limits are lifted; all venues can resume regular operations but mask requirements remain in place.</p>	<p><b>As of March 12:</b> A vaccine passport is no longer required to access businesses, events and venues.</p> <p>All capacity limits are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations but mask requirements remain in place.</p>
New Brunswick <sup>18</sup>	<p><b>As of March 14:</b> All restrictions are lifted.</p> <p>Mandatory mask restrictions are lifted in indoor public spaces throughout New Brunswick.</p>	<p><b>As of March 14:</b> All restrictions are lifted; accommodations can resume regular operations.</p>	<p><b>As of March 14:</b> All restrictions are lifted; restaurants and other licenced establishments can resume regular operations.</p>	<p><b>As of March 14:</b> All restrictions are lifted; businesses and venues can resume regular operations.</p>	<p><b>As of March 14:</b> All restrictions are lifted for indoor and outdoor private and public gatherings; venues like conference centres and meeting spaces can resume regular operations.</p>
Nova Scotia <sup>19, 20</sup>	<p><b>As of March 7:</b> Nova Scotia is in <a href="#">Phase 2</a> of its reopening plan.</p> <p><b>As of February 28:</b> Proof of full vaccination is no longer required to access businesses and settings.</p> <p>Masks are mandatory throughout Nova Scotia in indoor public spaces and on public transit for anyone aged 5 and older.</p> <p><b>As of March 21:</b> Nova Scotia will enter <a href="#">Phase 3</a> of its reopening plan.</p> <p>Mandatory mask restrictions will be lifted throughout Nova Scotia with exceptions for high-risk settings.</p>	<p>Accommodations are open with control/safety measures in place.</p> <p>While accommodations are not subject to proof of full vaccination, some businesses may introduce their own vaccination requirements for guests.</p>	<p><b>As of March 7:</b> Restaurants and licenced establishments, including casinos, can operate indoor and outdoor seated service to maximum 75% capacity with 2-metre distancing between tables and up to 25 people per table. Regular hours of operation resume.</p> <p>Dancing is permitted at restaurants and licenced establishments; wearing a mask is required when dancing with 2-metre distancing between people not in the same group.</p> <p><b>As of March 21:</b> All restrictions are lifted; restaurants and other licenced establishments can resume regular operations.</p>	<p><b>As of March 7:</b> Retail businesses can operate at the maximum capacity possible with 2-metre distancing in place. While proof of vaccination is not required for retail stores, some businesses may introduce their own vaccination requirements for customers.</p> <p>Museums, tour operators and recreation and leisure facilities can operate at the maximum capacity possible with 2-metre distancing in place.</p> <p>Cinemas can operate to maximum 75% capacity with 2-metre distancing in place and masks worn at all times.</p> <p><b>As of March 21:</b> All restrictions are lifted; businesses and venues can resume regular operations.</p>	<p><b>As of March 7:</b> Indoor and outdoor informal gatherings can have up to 25 people indoors and up to 50 people outdoors without social distancing and masks.</p> <p>Special events, sporting events, in-person performances and festivals hosted by a recognized business can have up to 75% of the venue's capacity indoors or outdoors while maintaining 2-metre distancing as much as possible between groups; masks must be worn except when eating or drinking.</p> <p>Approved large event venues can have maximum 75% capacity up to 5,000 people (indoors or outdoors) with masks worn except when eating or drinking.</p> <p>Meetings and training events hosted by a recognized business can have up to 75% of the venue's capacity (indoors or outdoors) with 2-metre distancing in place as much as possible and masks worn at all times.</p> <p><b>As of March 21:</b> All restrictions are lifted for indoor and outdoor private and public gatherings; venues can resume regular operations.</p>
Prince Edward Island <sup>21</sup>	<p><b>As of March 17:</b> Prince Edward Island moves to Step 2 of its <a href="#">Moving On – Transition Plan to Living with COVID-19</a>. <b>As of February 28:</b> The PEI Vax Pass program has ended.</p> <p>Masks are mandatory in indoor public spaces for anyone aged 5 and older.</p>	<p>Accommodations are open with control/safety measures in place.</p>	<p><b>As of March 17:</b> Restaurants and licenced establishments can operate indoor seated service to maximum 75% capacity; establishments are required to maximize use of space to allow for as much physical distancing as possible. People must be seated to eat and drink; masks must be worn except when actively eating or drinking. Dancing with small social groups and masks is permitted.</p>	<p><b>As of March 17:</b> Most businesses and organizations (retail, museums, libraries, galleries and casinos) can have maximum 75% capacity; businesses and organizations are required to maximize use of space to allow for as much physical distancing as possible between groups.</p> <p>Cinemas, theatres and concerts can have maximum 75% capacity; organizers are required to maximize use of space to allow for as much physical distancing as possible.</p>	<p><b>As of March 17:</b> Personal gatherings can have up to 20 people indoors and up to 50 people outdoors.</p> <p>Organized gatherings can have maximum 75% capacity; organizers are required to maximize use of space to allow for as much physical distancing as possible.</p>
Newfoundland and Labrador <sup>22</sup>	<p><b>As of March 14:</b> All restrictions are lifted.</p> <p>Wearing a mask is strongly recommended in indoor public spaces but not required.</p>	<p><b>As of March 14:</b> All restrictions are lifted; accommodations can resume regular operations.</p>	<p><b>As of March 14:</b> All restrictions are lifted; restaurants and other licenced establishments can resume regular operations.</p>	<p><b>As of March 14:</b> All restrictions are lifted; businesses and venues can resume regular operations.</p>	<p><b>As of March 14:</b> All restrictions are lifted for informal and formal gatherings; venues like conference centres and meeting spaces can resume regular operations.</p>

	Current Phase/Stage	Hotels & Accommodation	Restaurants & Dining	Activities & Attractions	Large Gatherings/ Conferences
<b>Yukon</b> 23, 24	<p>Yukon is guided by <a href="#">Forging Ahead, The Yukon's Continuing Response to COVID-19</a>.</p> <p><a href="#">Proof of full vaccination</a> (2 doses) or a <a href="#">COVID-19 temporary medical deferral</a> is required for people aged 19 and older to access <a href="#">some settings</a>.</p> <p>Masks are mandatory throughout Yukon for anyone aged 5 and older in all <a href="#">indoor public spaces</a>, vehicles with people from more than 1 household and outdoor public settings where 2-metre physical distancing cannot be maintained, with limited exceptions.</p>	Accommodations are open with control/safety measures in place.	<p><a href="#">Proof of full vaccination</a> (2 doses) or a <a href="#">COVID-19 temporary medical deferral</a> is required for people aged 19 and older to access eating and drinking establishments plus entertainment venues that offer table service.</p> <p><b>As of March 4:</b> All capacity restrictions are lifted for eating and drinking establishments plus entertainment venues that offer table service, but mask requirements remain in place.</p>	<p><a href="#">Proof of full vaccination</a> (2 doses) or a <a href="#">COVID-19 temporary medical deferral</a> is required for people aged 19 and older to access group events and venues (concerts, theatre and symphony performances, etc.), plus museums, art galleries and cinemas.</p> <p><b>As of March 4:</b> All capacity restrictions are lifted, but mask requirements remain in place.</p> <p>While proof of vaccination is not required for retail stores and businesses, some may introduce their own vaccination requirements and/or capacity restrictions for customers.</p>	<p><a href="#">Proof of full vaccination</a> (2 doses) or a <a href="#">COVID-19 temporary medical deferral</a> is required for people aged 19 and older to access <a href="#">indoor and outdoor organized events</a>.</p> <p><b>As of March 4:</b> All capacity limits have been lifted for personal and organized gatherings; venues like conference centres and meeting spaces can resume regular operations but mask requirements remain in place.</p>
<b>Northwest Territories</b> 25, 26	<p><b>As of March 1:</b> Capacity/gathering limits and proof of vaccination requirements have been lifted for all settings. Businesses and other settings may choose to continue to require proof of vaccination.</p> <p>Masks are mandatory throughout the Northwest Territories in indoor public spaces.</p>	Accommodations are open with control/safety measures in place.	<p><b>As of March 1:</b> Proof of vaccination requirements are lifted. Some restaurants, bars, lounges and similar establishments may choose to continue to require proof of vaccination.</p> <p>All capacity restrictions are lifted; restaurants, bars, nightclubs and other licenced establishments can resume regular operations but mask requirements remain in place.</p>	<p><b>As of March 1:</b> Proof of vaccination requirements are lifted. Some businesses and other settings may choose to continue to require proof of vaccination.</p> <p>All capacity limits have been lifted; all venues can resume regular operations but mask requirements remain in place.</p>	<p><b>As of March 1:</b> Proof of vaccination requirements are lifted although some public gatherings may choose to continue to require proof of vaccination.</p> <p>All capacity limits have been lifted; venues like conference centres and meeting spaces can resume regular operations but mask requirements remain in place.</p>
<b>Nunavut</b> 27, 28, 29	Masks are mandatory across Nunavut.	Accommodations are open with control/safety measures in place.	<p><b>As of March 14 in Gjoa Haven, Kugaaruk, Igloodik, Taloyoak and Kugluktuk:</b> Restaurants and bars may operate to maximum 25 people or 25% capacity. No karaoke, singing or dancing.</p> <p><b>As of March 14 in rest of Nunavut:</b> Restaurants and bars may operate to maximum 50 people or 50% capacity. Singing and dancing is permitted.</p>	<p><b>As of March 14 throughout Nunavut:</b> All businesses and services can open with 2-metre physical distancing in place. Libraries, museums and galleries can have up to 25 people or 50% capacity; group tours can have up to 10 people. Arenas can have up to 50 people or 50% capacity, whichever is less. The Iqaluit theatre may have up to 50 people or 50% capacity, whichever is less, per screening room with no moving between rooms.</p>	<p><b>As of March 14 in Gjoa Haven, Kugaaruk, Igloodik, Taloyoak and Kugluktuk:</b> Gatherings in homes can have 1 household plus 10 additional people. Indoor public gatherings in community halls, conference spaces, and within government and Inuit organization facilities can have up to 25 people or 50% capacity, whichever is less. Outdoor gatherings can have up to 50 people.</p> <p><b>As of March 14 in rest of Nunavut:</b> Gatherings in homes can have 1 household plus 15 additional people. Indoor public gatherings in community halls, conference spaces, and within government and Inuit organization facilities can have up to 50 people or 50% capacity, whichever is less. Outdoor gatherings can have up to 100 people.</p>

## 2. METHODOLOGICAL NOTES

**I. Travel-Related Measures:** In conjunction with provincial and territorial partners, Destination Canada has sourced information directly from provincial and territorial government websites; additional insights are provided by provincial and territorial partners where relevant or where information from official sources is incomplete. The intention for this section is to provide the latest available information as of the date of the report. Given the evolving nature of these measures and phased opening strategies, readers are encouraged to seek information from official government sources for the most current information.

### Sources:

- <sup>1</sup> Government of British Columbia, Provincial and regional restrictions, March 16, 2022  
<https://www2.gov.bc.ca/gov/content/covid-19/info/restrictions>
- <sup>2</sup> Government of Quebec, Travelling from one region to another or from one city to another during the COVID-19 pandemic, March 9, 2021  
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